

# Amazing Guide Towards Train your Dog to Stop Barking with Dog Whistle Training

Dog barking has always excessively caused significant problems for humans; owners and neighbors. To solve the problems caused due to dog barking has forced humans to take serious and strict actions such as the surgery for debarking in which the dog's vocal cord is removed. The idea of debarking surgery is very wrong, and the procedure is very painful for the dog. Dog trainers have tested and proposed many strategies to control the dogs; **dog whistle** training is one of the most effective techniques to control dog barking. Go through our guide if you want to know [can dogs eat popcorn](#). The training is a better option as it does not involve animal harm.

There are many known reasons for dog barking, such as anxiety, boredom, excitement, and desire for attention. These issues can be easily solved by diverting the dog's attention through physical activity or just distracting the dog's mind through sounds or actions. Whistle training works best for diverting the attention of dogs and controlling the barking.



Lack of attention and human support are some important reasons behind dog barking. One of the biggest reasons for less attention to dogs from the owners is the restriction of bringing pets in many areas; in most of the motels, parks, hotels, and public areas, people are not allowed to bring their pets. In such cases, many owners leave their dogs at home for a day or more. During this time, due to lack of attention and love, dogs suffer from anxiety and aggression. In such cases, the owner must have an [esa letter](#). This emotional support animal letter should be signed by a licensed authority that permits the owners to take their pets with them everywhere they go.

Emotional support animals letter not only benefits the animals but their owners too; ESA letter reduces the dog owner's anxiety when they take it in public. It helps to manage PTSD symptoms and makes it easy for owners to travel as well. There is also a special [emotional support animal letter](#) for housing for people who need ESA pets. It gives the owner the authority to keep a pet in any place which does not permit dogs or any other pets in the area.

### **The whistle training**

There exists a specific pattern in which a dog barks, stimuli that provoke a dog to bark, or any activity that irritates and triggers the dog. Careful observation of this pattern is very important because it will help the owner to decide which technique must be used to control the barking. Audible noises like whistles are the best way to distract the dog's mind from the stimuli.

The first step in whistle training is to identify the stimulus that triggers your dog. After identification, wait for that stimulus to repeat or create that situation yourself so that the dog starts barking. At the same time, start whistling to divert the attention of the dog. If the dog responds to the whistle, praise it so that it adapts to this behavior of responding to the whistle. Repeat this task again and again till the time the dog associates the sound of the whistle with the stimulus. Know about [can dogs eat broccoli](#) before giving them.

Using this technique repeatedly can prove effective. However, you have to be careful as this method of distraction can change into discomfort for the dog after a certain limit. After you whistle while the dog is barking, wait for a few seconds until the dog can divert the focus and respond to the sound of the whistle. Repeated whistling to gain the attention of your dog will result in more aggression. So it is advised to whistle, wait for the reaction and then go for commands like 'be quiet' or 'sit.'

So train your dog properly and save it from excruciating surgeries!

### **Useful Resources:**

[11 Best Emotional Support Dogs](#)

[Tips for keeping animals as your companions in flight](#)

[How Emotional Support Animals Benefit Mental Health Guide 2021](#)

[Emotional Support Animals in the Workplace](#)

[Definition of a Service Dog vs. Emotional Support Animal](#)

[Emotional Support Animal Certification | ESA Letter Certification](#)

[How do I get an emotional support animal?](#)

